

Centerboard, Inc. Independent Living Programs

What are the ILP's?

One Independent Living Program (ILP) is conveniently located on Boston Street in Lynn, MA. The ILP provides 4 residents (Co-Ed) the opportunity to live in a trauma informed, and therapeutic supportive environment while working towards obtaining a high school diploma or a further education plan, and gain employment opportunities to achieve independence through case management. The program staff will assist each individual with developing all levels of life skills such as cooking, budgeting, job readiness and social skills. We will also provide each resident with the appropriate community referrals as needed. All residents will be expected to save 30% of their income with a Savings account through Centerboard, and will be returned to them upon discharge. All residents have access to a 24-Hour emergency On-Call Manager.

Our other Independent Living Program is located on the South Common Street, Lynn MA. The program has 7 beds (Co-Ed) that are subsidized through the Lynn Housing Authority, therefore requiring a criminal background check performed on all potential residents.



What We Offer

- 24-Hour Emergency On-Call
- Family Resource Center
- Behavioral support and safety planning
- Life Skills groups
- Case Management
- Support with medical/dental treatment
- "Stepping Out" readiness
- Community connections
- Counseling
- Savings plans
- Referrals for domestic violence and exploited youth
- Employment and Education assistance



"Stepping Out" Services

With the ongoing support of their Case Manager, residents that have displayed the ability to function totally independent and safely in the community, will be supportive in finding their own apartment or safe housing and will be provided ongoing weekly case management.

<u>Centerboard Youth Services</u> <u>"Mission Statement"</u>

"Centerboard's Youth Services empower youth by creating a safe, trauma informed environment. Our core belief is that behavior should be managed through a nurturing and supportive relationship with the primary objective of using reasonable discussion as the avenue toward resolution. Safety is maintained by managing behavior with incentives, restrictions and responses with the goal of building the necessary skills for youth to respond adaptively."

Contact

Centerboard
Independent Living Program
Travis Montross
Program Director
(781) 596-3972

To make a referral, email referral package provided to: Ewhite@Centerboard.org